

# Mental Health Integrated Service



In order to maintain mental health and wellbeing across Kent, we need to implement a person centred system that:

- Safeguards all people in Kent
- Promotes self care
- Strengthens organic support networks
- Makes best use of universal services

This should act as a preventative measure against the need for primary or secondary interventions in a person's life.

The current spend and activity across the county is:

Service Level	Activity	£
Self Care		
Support Networks		
Universal Services		
Primary Intervention		
Secondary Intervention		

A significant amount of spend is currently invested in secondary care interventions.

The case for change should be built on evidence that investment in lower level interventions will reduce demand for secondary interventions.

The Live Well Kent Executive Group could be given responsibility to lead the prevention agenda?

